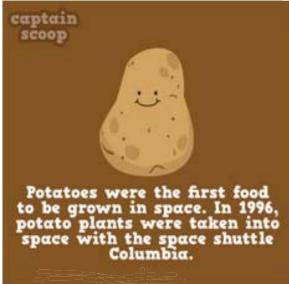
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Safety Alert

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APPLES
are more
effective at
waking you up
in the
morning
than coffee.

Hours an Accident Sept 11th 2017

		Accidents/Incidents			
	2017	W Comp	OSHA	Lost-	
Job	Hours	Reportabl	Report	Time	Hours an Accident
Valdez Housing Off / Warehouse	6163	0	0	0	No Accidents!
AK Sports Dome	846	0	0	0	No Accidents!
Bethel	19930	0	0	0	No Accidents!
Turnagain Elem	14494	0	0	0	No Accidents!
Mass X Operations	69479	0	0	0	No Accidents!
Museum	29202	1	0	0	29,202
Providence	16607	1	1	0	16,607
Small Jobs	2988	0	0	0	No Accidents!
HDJV	161961	0	0	0	No Accidents!
UAF CPHR Power	143166	0	0	0	No Accidents!
UAF Engineering Facility	35739	0	0	0	No Accidents!
Total	500,575	2	1	0	250,288

Success is No Accident!

Tool Box Topic:
Can you
Prevent Accidents!

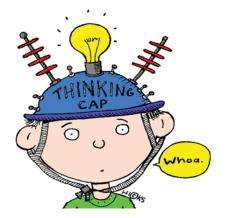
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WHAT YOU CAN DO TO PREVENT ACCIDENTS

Health & Safety Division



Have you ever wondered what you can do to prevent accidents? Maybe, like many people, you believe accidents are bound to happen and there's not much you can do about them. Or, you may think that they only happen to the other person. Well, the truth is that accidents do happen to everyone and can be prevented.

Something to think about

Statistics show that in many cases the victim, or the victim's co-worker, could have prevented an accident.

Think of accidents that happened to people you know.

Usually, it was a stupid mistake. Right? In other words, that person or someone else working on the job could have prevented it.

Six excellent suggestions

Here are six ways you can do something about preventing accidents:

- 1. Make accident prevention a part of your daily routine. Plan safety in advance. Every morning you should look at the area you are going to be working in. Ask yourself is there any safety issues, it would not hurt to ask other coworkers if they see any concerns. Before beginning a job, be sure your tools are in good condition. Also, see that you have the required protective equipment PPE's.
- 2. Report unsafe acts or conditions to your supervisor. If you see something that's dangerous or someone working in an unsafe way, do something about it. If it's an unsafe condition, correct it if you can. Otherwise, report it to someone who has the authority or ability to do so. If you see someone committing an unsafe act, warn that person in a friendly way.
- **3. Practice good housekeeping.** Nobody likes a slob. It's upsetting to see someone with a messy work area. But it goes even further than that. A sloppy work area is not only hard on the eyes, but it's a breeding ground for accidents. Trash and materials strewn around can result in trips, falls, and fires. Keeping the area clean from debris allows you to walk without tripping or twisting an ankle. This includes electrical cord tape them down if they have to go across the floor. Don't over load yourself as you carry what you need for your job so that you may see the floor in front of you.
- **4. Follow instructions.** You'd follow instructions if you were dismantling a time bomb ---and very carefully at that! Well, take the same attitude on the job. When we give you instructions, it's only after we've considered the safest and best way to do it. Sometimes doing something just a little different from what you were told can get you or someone else in a lot of trouble.

5. Make suggestions.

If you see a quicker or a better way to do something, let us know. We'll check it out and if it's practical, we'll use it.

But first we'll make sure it's safe. If you see a safer way of doing something, bring it to our attention, by all means.

6. Dress for the job.

In addition to wearing protective equipment PPE's, dress so that you won't get hurt. Don't wear floppy clothing (such as loose sleeves or cuffs) or jewelry that can catch on something or become entangled in machinery. Most of us know this but again maybe you have someone very new to construction and really don't know how dangerous it can be to wear a necklace or ring.

Success is No Accident!

