

Safety Alert

Davis Constructors & Engineers
Mass Excavation

Toolbox Topic:
Complacency

April 29th, 2019

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No Accidents!



Hours and Accident

April 29th 2019

Job	Accidents/Incidents				
	2019 Hours	W Comp Reportable	OSHA Report	Lost-Time	Hours an Accident
AK Care	3,674	0	0	0	No Accidents!
Bethel	16,085	1	0	0	16085
JL Marriot Remo	7,393	0	0	0	No Accidents!
Mass X Operations	18,618	3	3	0	6,206
Providence	3,566	0	0	0	No Accidents!
Seward PSMC	496	0	0	0	No Accidents!
Holy Rectory	552	0	0	0	No Accidents!
Small Jobs	763	0	0	0	No Accidents!
LRDR - Clear	40,213	1	0	0	40,213
EIE 405 Utiliduct	13,806	2	1	0	6,903
HDJV UAF CPHR Power	15,172	0	0	0	No Accidents!
UAF Engineering Facility	35	0	0	0	No Accidents!
Total	120,373	7	4	0	17,196

Success is No Accident!

Complacency

Merriam-Webster's Collegiate Dictionary 11th Edition defines complacency as: **self-satisfaction especially when accompanied by unawareness of actual dangers or deficiencies**.

Numerous accidents have occurred due to allowing ourselves to become complacent in our everyday activities (on and off the job). Working **safely** is not easy nor is it automatic. We have to work at it with the highest degree of awareness.



Stop for a moment and think of recent instances where you were complacent.

Remember, life is what happens when we're making other plans.

We become complacent about our personal safety by repeated exposure to situations without consequence.



We take shortcuts and with the absence of consequences cause us to become more lax about our personal safety—in other words we're becoming complacent!

Personal safety is not a light switch you turn on or off. The personal safety switch must continuously be in the "on" position.

Just because we feel safe doesn't mean we are safe. On the contrary, "feel safe all the time," could be the biggest threat to our well being because we're drifting into that complacent mode.

Success is No Accident!

One key to avoid the complacency trap is to form “safety habits.” These are habits you do over and over until they override your former unsafe behavior and become automated.

Habits such as:

- wearing gloves
- wearing glasses
- proper footwear
- safety harness on and ready to tie off
- face shield when grinding
- removing tripping hazards
- attending safety meetings and paying attention
- using seat belts
- tying off a ladder
- and much more.

Name more habits in your meeting.

Isn't it better to form “automatic habits” and let them become the norm?

There's an old saying, familiarity breeds contempt. To paraphrase: familiarity breeds complacency.

Let's work in a manner ensuring we don't
Fall into the “complacency trap.”

Success is No Accident!