

# Safety Alert

April 13th, 2020

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Davis Constructors & Engineers Inc.  
&  
Mass Excavation, Inc



**Toolbox Topic:  
Spring Changes  
&  
Staying Safe!**



**SAFETY  
FIRST**

**No**   
**Accidents!**

**Success is No Accident!**

Hours and Accident April 10, 2020					
Accidents/Incidents					
Job	2020 Hours	W Comp Reportable	OSHA Report	Lost-Time	Hours an Accident
Bethel	18,902	1	1	0	18902
JL Aloft	2,161	0	0	0	No Accidents!
Mass X Operations	14,728	0	0	0	No Accidents!
Providence	4,980	0	0	0	No Accidents!
Kodiak PAMC	773	0	0	0	No Accidents!
Aeromed Ph I & II	1,171	0	0	0	No Accidents!
Small Jobs	2,352	0	0	0	No Accidents!
LRDR - Clear	13,238	0	0	0	No Accidents!
EIE 405 Utiliduct	395	0	0	0	No Accidents!
HDJV UAF CPHR Power	5,882	0	0	0	No Accidents!
<b>Total</b>	<b>64,582</b>	<b>1</b>	<b>1</b>	<b>0</b>	<b>64,582</b>

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## Loose Gravel on Roads and Parking lots.

Avoid sudden changes in direction, such as a swerve or sudden stop. That is particularly dangerous, especially on loose **gravel** or at excessive speed. Accelerate and brake slowly and reduce your speed when approaching intersections, curves and hills.



## Icy Roads in the early morning



Remember it is still freezing at night. So whatever was thawed, soft, and wet yesterday is now frozen this morning. Slowdown be careful and clean your headlight off to see the glare from the ice on the roads.

## Flooded Roads

Do not drive through a **flooded** area. More people drown in their cars than anywhere else. Don't drive around **road** barriers; the **road** or bridge may be washed out. Stay away from power lines and electrical wires.



## Driver Fatigue



You are 3 times more likely to be in a car crash if you are fatigued. Losing even 2 hours of sleep is similar to the effect of having 3 beers. Being awake for more than 20 hours is the equivalent of being legally drunk. Get rest when you can and eat well so you can stay healthy

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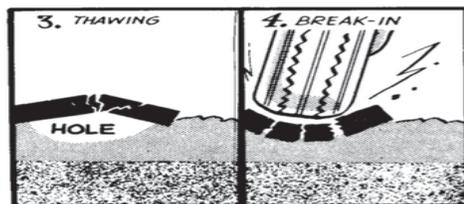
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Most of us have dwelt with potholes here is some information you should know. The change in warm and cold temperatures brings the freezing and thawing cycle that cracks roadways.



Give yourself time to react to the potholes leaving enough distance between you and the vehicle in front of you. This will allow you to see the oncoming pothole before striking it or to watch the car in front of you disappear in one of our famous potholes.

Slow down through pools of water you never know how deep or what's hiding.

Be aware of other traffic or pedestrians on the roads before swerving to avoid a pothole.

Lower your speed on pothole filled roads. More damage can be incurred to a vehicle striking potholes at higher speeds, including compromised handling of the vehicle. Water-filled potholes do not allow you to see how large they are until you strike them.

Don't apply the brakes when driving over a pothole, Roll through it. If you apply the brake this will tilt the vehicle forward and places the amount of stress on the front suspension, which is the first part of the vehicle to strike the pothole.

If you are driving heavy equipment please use extra caution since your load is heavier it will strike the pothole harder and cause more damage around you.



Keep tires inflated at the right level so they're not too soft.

If you go flying through a pothole you may get a flat tire, bad or broken CV joints, broken or bent front end, ect.....

**BE SMART BE SAFE SLOW DOWN.**

With the return of pothole season, the city encourages residents who see hazardous potholes to call the hot line: 907-343-6363.

When they hear about potholes on city-maintained roads, city crews aim to repair them within 24 hours.

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Spring is fast approaching and with spring comes pollinating blooming flowers and trees, green grass, longer days, and a new found energy.

Spring also comes with dust, pollen, mold, all of which can bring on Asthma (if this is the case make sure to have your inhalers' at hand) and other breathing issues.



Wear your PPE to protect against inhalation of dust and mold when sweeping and cleaning dry and or damp areas. Jobsites should have a supply of dust mask for the workers to use. Work areas like parking lots, garage floors, decks, leaves or piles of debris could and will have dust and dry mildew in and around it.

If you are pushing dust around make sure to inform everyone around and keep the dust down as much as possible. Avoid using blowers and sweep with the wind or at an angle. Slightly moisten areas with water to control the dust. Be aware if dust is blowing or moving into exiting nearby offices or homes.

Make sure to wash your hands before you eat, you don't want to contaminate your food. It might even be smart to take an extra precaution and change your clothes before you go home.

During this time there are symptoms of seasonal allergies, such as sneezing, stuffy nose, runny nose, watery eyes and itching nose.



About 50 million people in the United States are affected by nasal allergies.

If these symptoms start affecting your daily routine, sleeping and breathing, experts recommend visiting your family doctor or an urgent care center.

If you know you have an allergy or are allergic to anything (bees or wasps), please take the appropriate precautions, and let your Superintendent or Foreman know so that if you have a reaction they will know how to respond.



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